

## *Mushroom Leek Sauteed Chicken*



*Sherry and Thyme marinated Chicken Breast sauteed with a blend of Mushrooms, Leeks, and Spinach in a Parmesan Poultry Jus with Israeli couscous*

**\$9.00**

## Nutrition Facts

Serving Size 6g

Amount per serving

Calories 161      Calories from Fat 25 (0%)

% Daily Value \*

Total Fat 2.8g      0%

Saturated Fat 0.31g      0%

Monosaturated Fat 0.58g

Polyunsaturated Fat 0.35g

Trans Fat 0.0g

Cholesterol 66.0g      22%

Sodium 345.0mg      14%

Potassium 115.0mg      3%

Total Carbohydrates 1.8g      0%

Dietary Fiber 0.32g      1%

Sugars 0.6g

Protein 33.0g      0%

Vitamin A      0%

Vitamin C      0%

Calcium      0%

Iron      0%

\* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.