

Cremini Mushrooms and White Beans



Sauteed Cremini Mushrooms, Caramelized Onions, White Beans, Sundried Tomatoes, and fresh Herbs in my homemade Vegetable Stock

\$2.95

Nutrition Facts

Serving Size 4g

Amount per serving

Calories 92 Calories from Fat 32 (0%)

% Daily Value *

Total Fat 4.0g 0%

Saturated Fat 2.0g 0%

Monosaturated Fat 1.0g

Polyunsaturated Fat 0.0g

Trans Fat 0.0g

Cholesterol 7.0g 2%

Sodium 334.0mg 13%

Potassium 754.0mg 21%

Total Carbohydrates 12.0g 4%

Dietary Fiber 3.0g 12%

Sugars 2.0g

Protein 5.0g 6%

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.