

Lobster and Crab Risotto Cakes



Arborio rice cakes with Maine Lobster and lump Crab, parmesan cheese, sundried tomatoes, and fresh basil. Sauteed to a golden brown and finished in your oven

\$13.00

Nutrition Facts

Serving Size 6g

Amount per serving

Calories 199 Calories from Fat 57 (0%)

% Daily Value *

Total Fat 6.4g 0%

Saturated Fat 0.75g 0%

Monosaturated Fat 2.3g

Polyunsaturated Fat 2.3g

Trans Fat 0.0g

Cholesterol 176.0g 59%

Sodium 651.0mg 27%

Potassium 347.0mg 9%

Total Carbohydrates 9.3g 3%

Dietary Fiber 0.42g 1%

Sugars 1.5g

Protein 25.0g 0%

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.